BIEDERMAN CHARLES Form 4 Revision No.: 2018-01-18		Client Refere	nce Number:
FORM 4	UNITED STATES SECURITIES AND EXCHANGE COMMISSION	OMB APPR	OVAL
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	Washington, D.C. 20549	OMB Number: Estimated average burden hours per	3235-0287
•	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES	response:	0.5
	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934.		

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * BIEDERMAN CHARLES	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 2400 Cherry Creek South	3. Date of Earliest Transaction (Month/Day/Y 01/18/2018	*	✓ Director ☐ Officer (give title below)	10% Owner Other (specify below)		
Apartment 508 (Street) Denver, CO 80209 (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month	/Day/Year)	6. Individual or Joint/Group Filing (Will be automatically set) Form filed by One Reporting Person Form filed by More than One Reporting Person			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)		3. Transactio (Instr. 8)	n Code	4. Securities Acq (Instr. 3, 4 and 5				Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
		Code	V	Amount	(A) or (D)	1 1166	Transaction(s) (Instr. 3 and 4)		
Common Stock	01/18/2018	A		3,200 (1)	A	\$0	23,450	D	
Common Stock							51,100.031 (2) (3)	I	By spouse

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Yea r)	Execution Date,	(Instr. 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Underlying S (Instr. 3 and	Securities 4)	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following	Form of Derivative Security: Direct	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)		Date Exercisable	Expiration Date		Amount or Number of Shares				

Explanation of Responses:

- 1. These shares were issued as restricted stock effective January 18, 2018 under the issuer's 2016 Incentive Plan. The shares vest January 17, 2023. The award is exempt from Section 16(b) under Rule 16b-3(d)(1).
- 2. Includes shares acquired though issuer's dividend reinvestment plan.
- 3. Reporting person disclaims any beneficial interest in these shares.

Remarks:

Charles Biederman by David Kalish, his attorney in fact	01/22/2018
**Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

^{*} If the form is filed by more than one reporting person, see Instruction 4(b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).