Kalish Isaac	Client Reference Number:
Form 4	
Revision No.: 2018-01-18	

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average	
burden hours per	
response:	0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Kalish Isaac (Lang) (First) (Middle)	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to (Check all a	
(Last) (First) (Middle) 60 CUTTER MILL ROAD SUITE 303	3. Date of Earliest Transaction (Month/Day/Y 01/18/2018	· ·	Officer (give title below) VP and Assistant Treasurer	Other (specify below)
(Street) GREAT NECK, NY 11021 (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month	/Day/Year)	6. Individual or Joint/Group Filing (Will Form filed by One Reporting Person Form filed by More than One Report	• /

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)						Securities Beneficially Owned Following	` '	7. Nature of Indirect Beneficial Ownership (Instr. 4)
		Code	V	Amount	(A) or (D)	1 HCC	Transaction(s) (Instr. 3 and 4)		
Common Stock	01/18/2018	A		4,500 (1)	A	\$0	32,064	D	
Common Stock							4,244		As custodian for children pursuant to UGMA

${\bf Table~II-Derivative~Securities~Acquired, Disposed~of,~or~Beneficially~Owned}$

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Yea r)	3A. Deemed Execution Date, if any (Month/Day/Yea r)	(Instr. 8)		s 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exei Expiration I (Month/Day	Date	7. Title and Underlying S (Instr. 3 and	Securities 4)	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following	Form of Derivative Security: Direct	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)		Date Exercisable	Expiration Date		Amount or Number of Shares				

Explanation of Responses:

1.	These shares were issued as restricted stock effective	January 18, 2018 under the issuer's 2016 Incentive Plan.	The shares vest January 17, 2023.	The award is exempt from Section 16(b) under
	Rule 16b-3(d)(1).			

Remarks:

Isaac Kalish	01/22/2018
**Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

^{*} If the form is filed by more than one reporting person, see Instruction 4(b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).