UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 6, 2014

ONE LIBERTY PROPERTIES, INC. (Exact name of Registrant as specified in charter)

Maryland	001-09279	13-3147497				
(State or other jurisdiction of incorporation)	(Commission file No.)	(IRS Employer I.D. No.)				
60 Cutter Mill Road, Suite 303, Great Neck, N	New York	11021				
(Address of principal executive office	(Address of principal executive offices) (Zip code)					
Registrant's	s telephone number, including area code: 516-	466-3100				
Check the appropriate box below if the Form the following provisions (see General Instruction A.2.		fy the filing obligation of the registrant under any of				
☐ Written communications pursuant to Rule 42	25 under the Securities Act (17 CFR 230.425)					
\square Soliciting material pursuant to Rule 14a-12 u	under the Exchange Act (17 CFR 240.14a-12)					
☐ Pre-commencement communications pursua	nt to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))				
☐ Pre-commencement communications pursua	nt to Rule 13e-4(c) under the Exchange Act (1	17 CFR 240.13e-4(c))				

Item 2.02 Results of Operations and Financial Condition.

On August 6, 2014, we issued a press release announcing our results of operations for the second quarter ended June 30, 2014. The press release is attached as Exhibit 99.1 to this Current Report on Form 8-K.

This information and the exhibit attached hereto are being furnished pursuant to Item 2.02 of Form 8-K and are not to be considered "filed" under the Securities Exchange Act of 1934, as amended (the "Exchange Act"), and shall not be incorporated by reference into any previous or future filing by us under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such filing.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

99.1 Press release dated August 6, 2014.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: August 6, 2014

ONE LIBERTY PROPERTIES, INC.

By: /s/ David W. Kalish
David W. Kalish

David W. Kalish Senior Vice President and Chief Financial Officer

ONE LIBERTY PROPERTIES, INC. REPORTS SECOND QUARTER 2014 RESULTS

- Rental Income Grew 20.2% Over the 2013 Second Quarter
- FFO and AFFO Per Share Increased Over the 2013 Second Quarter
- Company Acquires Four Properties for \$27.76 million

GREAT NECK, New York, August 6, 2014 — One Liberty Properties, Inc. (NYSE: OLP), today announced operating results for the quarter ended June 30, 2014.

Patrick J. Callan, Jr., President and Chief Executive Officer of One Liberty stated: "Our second quarter results highlight the progress we are making in growing the portfolio and executing on our strategy of deploying capital in an accretive manner. Our strategy is generating solid returns as evidenced by the per share growth of 14.6% in AFFO and 33.3% in FFO, which was favorably impacted by a 20.2% increase in rental income."

Operating Results:

Total revenues for the second quarter of 2014 increased 30.8%, to \$15.67 million, from \$11.98 million for the second quarter of 2013. The increase is attributable primarily to rental income earned from properties acquired since March 2013 and a \$1.27 million non-recurring lease termination fee in the current quarter. Excluding the lease termination fee, revenues increased 20.2% to \$14.40 million.

Total operating expenses for the second quarter of 2014 were \$7.01 million compared to \$5.76 million for the second quarter in the prior year. The increase is due primarily to additional depreciation and real estate expenses associated with properties acquired since March 2013.

Net income attributable to One Liberty for the second quarter of 2014 was \$4.64 million, or \$0.29 per diluted share. Excluding the lease termination fee, net income attributable to One Liberty for the second quarter of 2014 was \$3.37 million or \$0.21 per diluted share. For the second quarter of 2013, excluding an aggregate of \$4.71 million of gains on sales, or \$0.31 per diluted share, net income attributable to One Liberty was \$3.03 million, or \$0.19, per diluted share.

Funds from Operations:

Funds from Operations ("FFO") were \$8.43 million (including \$1.27 million of lease termination fee) in the second quarter of 2014 compared to \$5.99 million in the second quarter of 2013. FFO per diluted share was \$0.52 (including \$0.08 per diluted share of lease termination fee) in the second quarter of 2014 compared to \$0.39 in the second quarter of 2013. Adjusted Funds from Operations ("AFFO"), which excludes the lease termination fee, was \$7.57 million, or \$0.47 per diluted share, in the second quarter of 2014, a 14.6% per share increase from the corresponding period in the prior year. A reconciliation of GAAP amounts to non-GAAP amounts is presented with the financial information included later in this release.

Capital Allocation and Balance Sheet:

During the current quarter, the Company acquired four properties for \$27.76 million. In 2014, the Company acquired six properties for \$32.86 million. Each property purchased in 2014 is net leased by a single tenant.



The Company, at June 30, 2014, had \$18.34 million of cash and cash equivalents, total assets of \$598.22 million, total debt of \$321.22 million and total equity of \$251.20 million. At August 1, 2014, the Company had approximately \$15.28 million of cash and cash equivalents. Approximately \$36.85 million and \$35.45 million had been borrowed under the Company's \$75 million credit facility at June 30 and August 1, 2014, respectively.

Non-GAAP Financial Measures:

One Liberty computes FFO in accordance with the "White Paper on Funds From Operations" issued by the National Association of Real Estate Investment Trusts ("NAREIT") and NAREIT's related guidance. FFO is defined in the White Paper as net income (computed in accordance with generally accepting accounting principles), excluding gains (or losses) from sales of property, plus real estate depreciation and amortization, plus impairment write-downs of depreciable real estate and after adjustments for unconsolidated partnerships and joint ventures. Adjustments for unconsolidated partnerships and joint ventures will be calculated to reflect funds from operations on the same basis. Since the NAREIT White Paper only provides guidelines for computing FFO, the computation of FFO may vary from one REIT to another. One Liberty computes AFFO by deducting from FFO its straight-line rent accruals and amortization of lease intangibles, and lease termination fee income and adding back its amortization of restricted stock compensation and the amortization of costs in connection with its financing activities (including its share of its unconsolidated joint ventures).

One Liberty believes that FFO and AFFO are useful and standard supplemental measures of the operating performance for equity REITs and are used frequently by securities analysts, investors and other interested parties in evaluating equity REITs, many of which present FFO and AFFO when reporting their operating results. FFO and AFFO are intended to exclude GAAP historical cost depreciation and amortization of real estate assets, which assumes that the value of real estate assets diminish predictability over time. In fact, real estate values have historically risen and fallen with market conditions. As a result, management believes that FFO and AFFO provide a performance measure that when compared year over year, should reflect the impact to operations from trends in occupancy rates, rental rates, operating costs, interest costs and other matters without the inclusion of depreciation and amortization, providing a perspective that may not be necessarily apparent from net income. Management also considers FFO and AFFO to be useful in evaluating potential property acquisitions.

FFO and AFFO do not represent net income or cash flows from operations as defined by GAAP. FFO and AFFO should not be considered to be an alternative to net income as a reliable measure of our operating performance; nor should FFO and AFFO be considered an alternative to cash flows from operating, investing or financing activities (as defined by GAAP) as measures of liquidity.

FFO and AFFO do not measure whether cash flow is sufficient to fund all of the Company's cash needs, including principal amortization, capital improvements and distributions to stockholders. FFO and AFFO do not represent cash flows from operating, investing or financing activities as defined by GAAP.

Management recognizes that there are limitations in the use of FFO and AFFO. In evaluating the Company's performance, management is careful to examine GAAP measures such as net income and cash flows from operating, investing and financing activities. Management also prepares and reviews the reconciliation of net income to FFO and AFFO.



Forward Looking Statement

Certain information contained in this press release, together with other statements and information publicly disseminated by One Liberty Properties, Inc. is forward looking within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities and Exchange Act of 1934, as amended. One Liberty intends such forward looking statements to be covered by the safe harbor provision for forward looking statements contained in the Private Securities Litigation Reform Act of 1995 and include this statement for the purpose of complying with these safe harbor provisions. Information regarding certain important factors that could cause actual outcomes or other events to differ materially from any such forward looking statements appear in the Company's Annual Report on Form 10-K for the year ended December 31, 2013, the Quarterly Reports on Form 10-Q filed thereafter, and in particular, "Item 1A. Risk Factors" of such reports. You should not rely on forward looking statements since they involve known and unknown risks, uncertainties and other factors which are, in some cases, beyond the Company's control and which could materially affect actual results, performance or achievements.

Additional Information

One Liberty is an owner of a geographically diversified portfolio of retail, industrial, health and fitness, office and other properties in the United States, primarily under net leases. Interested parties are encouraged to review One Liberty's Form 10-Q to be filed with the Securities and Exchange Commission for the quarter ended June 30, 2014 for further details. The Form 10-Q can also be linked through the "Investor Relations" section of One Liberty's website. For additional information on the Company's operations, activities and properties, please visit One Liberty's website at www.1liberty.com.

Contact:

One Liberty Properties Investor Relations Phone: (516) 466-3100 www.onelibertyproperties.com



ONE LIBERTY PROPERTIES, INC. (NYSE: OLP) (Amounts in Thousands, Except Per Share Data)

	Three Months Ended June 30,			Six Months Ended June 30,				
		2014		2013		2014	,	2013
Revenues:								
Rental income, net	\$	14,396	\$	11,981	\$	28,798	\$	23,843
Lease termination fee		1,269		_		1,269		<u> </u>
Total revenues		15,665	_	11,981	_	30,067	_	23,843
Operating expenses:								
Depreciation and amortization		3,723		2,681		7,300		5,315
General and administrative		2,134		1,944		4,344		3,904
Federal excise and state taxes		107		184		169		226
Real estate expenses		877		751		1,976		1,523
Leasehold rent		77		77		154		154
Real estate acquisition costs		88		126	_	128	_	277
Total operating expenses		7,006		5,763		14,071	_	11,399
Operating income		8,659		6,218		15,996		12,444
Other income and expenses:								
Equity in earnings of unconsolidated joint ventures		130		57		263		391
Gain on disposition of real estate-unconsolidated joint venture		-		2,807		-		2,807
Gain on sale-unconsolidated joint venture interest		_		1,898		_		1,898
Gain on sale-investment in BRT Realty Trust (related party)		134		-		134		-
Other income		2		11		10		80
Interest:								
Expense		(4,035)		(3,158)		(7,988)		(6,261)
Amortization of deferred financing costs		(228)		(226)		(466)	_	(439)
Income from continuing operations		4,662		7,607		7,949		10,920
Income from discontinued operations		<u>-</u>		145		13		281
Net income		4,662		7,752		7,962		11,201
Less net income attributable to non-controlling interests		(22)		(16)		(49)	_	(15)
Net income attributable to One Liberty Properties, Inc.	\$	4,640	\$	7,736	\$	7,913	\$	11,186
Per common share attributable to common stockholders- diluted:								
Income from continuing operations	\$	0.29	\$	0.49	\$	0.49	\$	0.71
Income from discontinued operations		-		0.01		-		0.02
·	\$	0.29	\$	0.50	\$	0.49	\$	0.73
Funds from operations - Note 1	\$	Q 127	¢	5 000	¢	15 224	Ф	12,331
•		8,427	\$	5,988	\$	15,324	\$	
Funds from operations per common share-diluted - Note 2	\$	0.52	\$	0.39	\$	0.96	\$	0.80
Adjusted funds from operations - Note 1	\$	7,574	\$	6,386	\$	14,798	\$	13,164
Adjusted funds from operations per common share-diluted - Note 2	\$	0.47	\$	0.41	\$	0.92	\$	0.86
Weighted average number of common and unvested restricted shares								
outstanding:								
Basic		15,999		15,314		15,931	_	15,236
Diluted		16,099		15,414		16,031		15,336



ONE LIBERTY PROPERTIES, INC. (NYSE: OLP) (Amounts in Thousands, Except Per Share Data)

	Three months Ended June 30,					Three months Ended June 30,			
Note 1:		2014	/	2013	_	2014	,	2013	
Funds from operations is summarized in the following table:	_				_		_		
Net income attributable to One Liberty Properties, Inc.	\$	4.640	\$	7,736	\$	7,913	\$	11,186	
Add: depreciation of properties	-	3,658	-	2,683	-	7,173	-	5,321	
Add: our share of depreciation in unconsolidated joint ventures		94		114		187		330	
Add: amortization of deferred leasing costs		35		34		70		65	
Add: our share of amortization of deferred leasing costs									
in unconsolidated joint ventures		_		_		_		8	
Add: federal excise tax relating to gain on sales		-		126		(19)		126	
Deduct: (gain) on sale of properties-joint ventures		_		(4,705)		-		(4,705)	
	_		_	(1,705)	_		_	(1,705)	
Funds from operations		8,427		5,988		15,324		12,331	
Deduct: straight-line rent accruals and amortization of lease intangibles		(261)		(236)		(648)		(479)	
Deduct: lease termination fee income		(1,269)		-		(1,269)		-	
Add: our share of straight-line rent reversals and amortization of lease									
intangibles of unconsolidated joint ventures		-		32		(1)		91	
Add: amortization of restricted stock compensation		448		369		920		766	
Add: amortization of deferred financing costs		225		226		463		439	
Add: our share of amortization of deferred financing costs in unconsolidated									
joint ventures		4		7		9		16	
Adjusted funds from operations	\$	7,574	\$	6,386	\$	14,798	\$	13,164	
	÷	.,,,,,	÷		÷		÷		
Note 2:									
Funds from operations is summarized in the following table:									
Net income attributable to One Liberty Properties, Inc.	\$	0.29	\$	0.50	\$	0.49	\$	0.73	
Add: depreciation of properties	Ψ	0.22	Ψ	0.18	Ψ.	0.45	Ψ.	0.35	
Add: our share of depreciation in unconsolidated joint ventures		0.01		0.01		0.01		0.02	
Add: amortization of deferred leasing costs		-		-		0.01		-	
Add: our share of amortization of deferred leasing costs in unconsolidated joint						0.01			
ventures		_		_		_		_	
Add: federal excise tax relating to gain on sales		_		0.01		_		0.01	
Deduct: (gain) on sale of properties-joint ventures		_		(0.31)		_		(0.31)	
Garan,				(0.51)	_		_	(0.31)	
Funds from operations per common share-diluted		0.52		0.39		0.96		0.80	
Deduct: straight-line rent accruals and amortization of lease intangibles		(0.02)		(0.01)		(0.04)		(0.03)	
Deduct: lease termination fee income		(0.08)		-		(0.08)		-	
Add: our share of straight-line rent reversals and amortization of lease		(0.00)				(3133)			
intangibles of unconsolidated joint ventures		_		_		(0.01)		0.01	
Add: amortization of restricted stock compensation		0.03		0.02		0.06		0.05	
Add: amortization of deferred financing costs		0.02		0.01		0.03		0.03	
Add: our share of amortization of deferred financing costs in unconsolidated		0.02		0.01		0.05		0.05	
joint ventures		_		-		_		_	
Adjusted funds from operations per common share-diluted	\$	0.47	\$	0.41	\$	0.92	\$	0.86	
	Ψ	<u> </u>	Ψ	0.11	Ψ	0.72	Ψ	0.50	



ONE LIBERTY PROPERTIES, INC. CONDENSED BALANCE SHEETS (Amounts in Thousands)

ASSETS	J	June 30, 2014		December 31, 2013	
Real estate investments, net	\$	524,670	\$	496,187	
Properties held-for-sale		-		5,177	
Investment in unconsolidated joint ventures		4,833		4,906	
Cash and cash equivalents		18,338		16,631	
Restricted cash		1,894		-	
Unbilled rent receivable		14,352		13,743	
Unamortized intangible lease assets, net		26,517		26,035	
Other assets		7,611		9,219	
Total assets	\$	598,215	\$	571,898	
LIABILITIES AND EQUITY					
Liabilities:					
Mortgages payable	\$	284,373	\$	278,045	
Line of credit - outstanding		36,850		23,250	
Unamortized intangible lease liabilities, net		9,214		6,917	
Other liabilities		16,579		13,596	
Total liabilities		347,016		321,808	
Total One Liberty Properties, Inc. stockholders' equity		249,866		248,932	
Non-controlling interests in joint ventures		1,333		1,158	
Total equity		251,199		250,090	
Total liabilities and equity	\$	598,215		571,898	